



# Golden Girls Newsletter

Golden Church of Christ  
Golden, Colorado 80401  
[www.goldenchurchofchrist.org](http://www.goldenchurchofchrist.org)

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## 2009 PLANS - RESOLUTIONS

New plans - new resolutions - time to start over. (Hooray for do-overs!!) Have you seen the 2009 Women's Ministry plans? There is something for everyone. We have classes, devotionals, book club, the Golden Grammys, crafts, quilting, scrapbooking, prayer sisters and so on. If you have not been a part of the Women's Ministry in 2008, this is the time to resolve to include it in your 2009 plans. What a great way to spend time with your sisters, get to know others, learn more about our Lord, and have a great time.

Watch the bulletin and check out the church website at [www.goldenchurchofchrist.org](http://www.goldenchurchofchrist.org). The Women's Ministry webpage has lots of information, newsletters, class outlines, photos and activities. (Check out the other ministries and information on the website). Share it with others.



## *The Survey Says . . .*

If you have not filled out the Women's Ministry Survey, please do so right away.

We would love to provide you with worthwhile activities and areas of ministry to fit your needs. Do so today!!!

*Newsletter Edition  
Includes:  
2009 Resolutions  
New Year's Resolutions  
Spotlight-Golden Girl Bio  
Ministry Events  
Transformation  
Teagbag Theology  
and more . . .*

## NEW YEAR'S RESOLUTION: TRANSFORMATION

Talking about Resolutions – it is a New Year and time to start something new. Have you seen the different “make over” shows? Everything from home remodeling to what not to wear - if you are one of those people who are thinking about starting new – how about a transformation?

### Step one: Recognize the power of thoughts.

Proverbs 23:7 says *“For as he thinks within himself, so he is.”* In other words, what we think about, we will become! Thoughts are real and powerful! Our actions, our attitudes, our habits are born in the mind – in our thought life. We can literally change our lives by changing what we think about. Isaiah 26:3 promises *“You will keep in perfect peace all who trust in you, whose thoughts are fixed on you.”*

**Step Two: Noble Thoughts.** The Bible tells us what kind of thoughts we need. “Noble” literally means “worthy of honor and respect.” Proverbs 31 tells us about being a noble wife: *“A wife of noble character who can find? She is worth far more than rubies.”*

**Third Step: Dwell on These Things.** One of my favorite sections of verses is Philippians 4:8 tells us *“whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.”*

In other words, if we think right - we will speak right. Statistics say that the average person spends one-fifth of our life talking! Imagine if our words were put into print, a single day's words would fill a 50-page book. Based on that, what book are you writing today? Would it be one of encouragement or condemnation, love or hate, peace or anger? Would it be a best-seller?

**Romans 12:2 . . .** *“and do not be conformed to this world, but be **transformed** by the renewing of your mind, that you may prove what is good and acceptable will of God.”*

(TO BE CONTINUED)

## Spotlight on Golden Girl

### Davan Sampson

The Sampsons have been members at Golden since the summer of 2007. Davan was born in Jonesboro, Arkansas. She has also lived in Thibodaux, Louisiana, and Carthage, Missouri. She has been a Christian since the age of 10. She met her husband, JR, while attending Harding. She has three children: Sara who lives and teaches kindergarten in Irving, Texas; Mikal Jane who works for Omnitrax in Golden; and Samuel who works as an independent process server and is a 1<sup>st</sup> lieutenant in the Army Reserves (he spent a year in Iraq). Samuel is married to Ashly and they have 3 children. Her grandchildren are Samuel (7); Tricia (5) and Austin (2). Along with the children, Davan still has 2 llamas and a 19 year-old cat in Missouri. (Ask her about them!!)

Other interesting facts Davan shared about her family is that her parents worked as cottage parents in a children's home and she had many foster brothers and sisters. JR and Davan were also cottage parents for a short time and had foster children in Arkansas. In Missouri they worked with the state as foster parents, adopting Mikal (an American Indian).

Davan currently does not work outside the home but worked 19 years in public schools as an instructional assistant, mostly in Kindergarten and 1<sup>st</sup> grade. She currently teaches Sunday school at Golden.

Davan's favorite food anything that has gooey chocolate. She enjoys lighthearted movies, reading old classics, yard work, and sewing. Her favorite place to visit is Anchorage, Alaska (looking for and watching moose).

Her words of wisdom to share with the Ladies at Golden is from Romans 8:28 *“And we know that all things work together for good for those who love God, who are called according to his purpose.”* Never give up as there is always hope as long as there is life.



### Teabag Theology

Instead of giving myself reasons why I can't, I give myself reasons why I can -  
Author Unknown

When one door closes another door opens; but we so often look so long and so regretfully upon the closed door, that we do not see the ones which open for us - Alexander Graham Bell

Discipline is the bridge between goals and accomplishment - Jim Rohn

Obstacles are those frightful things you see when you take your eyes off your goal - Henry Ford



### Housecleaning Humor

My next house will have no kitchen --- just vending machines.

No husband has ever been shot while doing the dishes!!

If a messy kitchen is a happy kitchen ... mine must be delirious

New sign I want for my kitchen: Keep the kitchen clean - eat out more!!

Cleaning your house when your kids are still growing is like shoveling your walk before it snows!

### HTI - ABC Children (Health Talents International)

Several LIFE groups at Golden have "adopted" ABC children from Guatemala.

For only \$30/month, we are able to provide food, clothing, educational, and medical assistance to children who are in need.

These children and their families are members of the church in Guatemala.

So far we have adopted Luis, Carlos & Oscar.

Please see Tom or Vicki Ratt for more information.

### 2009 Newsletter

Do you like to write?

We are looking for ladies to write a column in the Newsletter or submit articles.

Do you have any suggestions?

Please see Chris Walker if you are interested.

### Getting to Know You

We would like to include your biography in our Newsletter. Please fill out one of the "Getting to Know You" forms and forward it to Christine Walker.

Check out the prior Newsletters to see the earlier Golden Girl "bios"

## Generation G - Golden Grammies

Grammies will provide babysitting  
(at the building) for Parents Night Out  
(dates to follow)

Journal and Scrapbook Our Life Story Book  
(for our Grandchildren)

Walks in the Park - Picnics - Zoo Trips  
Painting Flower Pots - Ceramics - Crafts  
Provide support and encouragement to  
Grandmothers.

See Bonnie Stocker or Christine Walker  
Grammies Ministry Leaders if you would like to  
receive more information !!!

## Women Ministry Leaders

AM Bible/Devotional Leader-Pam Perry  
(*That You May Believe-The Gospel of John*)

PM Bible/Devotional Leader:  
Barb Lind and Nyleen Barrows

Sonshine Baskets-Deb and Brittany Parker

Saturday Devotionals/Activities-  
Pam Perry and Barb Lind

Bulletin Board and Promotion-  
Polly Teasley and Donna Johnson

Women's Newsletter-Chris Walker

Prayer Sisters-Cheryl Clark

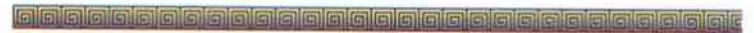
Email Prayer Ministry-Peggy Davis

Generation G - Golden Grammies-  
Bonnie Stocker and Chris Walker

More - fill in your name, we need you!



**Do you like to read?  
Do you want to meet with some  
other ladies  
who also enjoy reading?  
Come to the next Book Club meeting.  
Great fun and fellowship - guaranteed!!**



## LIFE?

Have you signed up for a *LIFE* Group yet? *Love Involvement Fellowship and Evangelism*. There are many groups already set up and active and we are looking to start new groups. Is LIFE missing from your life?  
See Rick Walker for more information.

